



SANDERLING RESORT

SPA AT SANDERLING IMMERSSES GUESTS IN THE TRANQUIL OUTER BANKS

Renowned Spa Embraces Natural Treatments in the Peaceful Setting of North Carolina

DUCK, NC – The 6,000-square-foot Spa at Sanderling immerses guests in the serene environment of the Outer Banks of North Carolina. Drawing from the natural bounty of the region, Spa at Sanderling flows seamlessly from shore to door with soft neutral tones evocative of the seaside beckoning guests to enjoy rejuvenating massage, skin and body treatments rooted in artisan and indigenous ingredients of the region.

“Sanderling Resort is the proud home of one of the finest spa facilities in the in country - Spa at Sanderling,” said Dick McAuliffe, General Manager of Sanderling Resort. “From the moment our guests walk through the door, they feel a true sense of place and tranquility. Whether it’s taking in the views of the Sound as they receive a massage or enjoying a delicious spa lunch in the sunny Solarium, guests return year after year for our experienced technicians and results-oriented treatments.”

Named one of the top 100 best spas in the US by the readers of *Condé Nast Traveler*, Spa at Sanderling features: ten treatment rooms, including three couple’s suites; private Vichy shower and eucalyptus steam room. Each treatment is inspired by the unique natural resources of the Outer Banks and coastline and incorporates native ingredients that celebrate the region. Additionally, Spa at Sanderling partners with luxury, high-performance beauty innovator BABOR, to offer enhanced experiences for guests. For summer 2017, the Spa at Sanderling will reveal a complete refresh with updates that include a transformed full service salon and new men’s and women’s locker rooms.

An extensive treatment menu using artisan ingredients, pure essential oils and healing benefits from the sea are integrated into all facial and body therapies. Highlights include:

- **Sea of Life Facial** – This 80 minute treatment features products from BABOR and incorporates a breathtaking facial massage with seashells to re-energize and therapeutic ocean sounds to promote complete relaxation. The treatment accelerates your skin toward balance and glow.
- **Ocean Serenity Ritual** – Two therapists work in tandem in the Hydrotherapy room. The ritual includes a hydro tub massage, facial massage & masque, scalp treatment, sea salt glow & moisturizing body wrap, Scotch hose massage & Vichy rain shower to re-hydrate the body with the earth’s naturally rich mineral waters. Organic *ilike* products from Hungary are used to stimulate and rejuvenate every cell of the body.
- **Outer Banks Detox** – This 50 minute treatment includes a full body salt glow with products from Coastal Salt & Soul, the award-winning sea-powered body care company. Guests are then enveloped in mineral-rich seaweed wrap infused with centuries of ocean secrets. The cocoon of rich, beauty emulsion leaves skin soft and conditioned.

Other signature treatments include *Southern Comfort*, specially designed to treat men’s skin roughened by the sun, wind or shaving; a *Surge of Radiance* facial, a certified-organic facial designed to reduce the appearance of lines; or the *Healing Waters* experience that incorporates a relaxing soak in purified seawater with a warm sea algae masque and a massage performed by pulsating jets of warm water. The full menu of treatments is available on the e-brochure [here](#).

-more-

In addition to spa treatments, Spa at Sanderling offers a range of yoga classes, from morning *sunrise yoga* on the beach to private yoga for one-on-one sun salutations. Additionally, an early morning standup paddleboard yoga experience offers a soul stirring beginning to the day with instruction on the on the tranquil Currituck Sound. Pre and post treatment, guest may enjoy the eucalyptus steam room and indoor pool with 360-degree views of the Sound. A full-service salon with hair, makeup and nail stations make Spa at Sanderling the perfect spot for bridal parties to relax and enjoy time together before the big day.

Spa at Sanderling is available to resort guests and open to the public. The spa is open Sunday-Thursday 8 a.m. – 6 p.m. and Friday-Saturday 8 a.m. – 7 p.m. From mid-May through mid-October, the spa is open Monday-Saturday 8 a.m. – 8 p.m. and Sunday 8 a.m. – 6 p.m. For more information or to make reservations, call 252.261.7744 or visit www.sanderling-resort.com.

About Sanderling Resort

Sanderling Resort, the only full service resort on the Outer Banks of Duck, NC, has beckoned families and couples to its picturesque shores for generations. The property recently completed a transformative, multi-phase, renovation project, revealing a fully enhanced resort experience with stunning new guestroom design, culinary leadership and outdoor activities with a distinct sense of place. Sprawled across 13 acres between the Atlantic Ocean and the serene Currituck, Sanderling boasts 120 guest rooms and suites in addition to five rental homes. Amenities include two dune-side pools, oversized fire pits and the newly refreshed Spa at Sanderling. Dining options include the Beach House Lobby Bar; the AAA Four-Diamond Kimball's Kitchen for local, sustainable fare and the Sandbar deck for sun-splashed bites. On the heels of a stunning enhancement project, the Lifesaving Station and No. 5 Bar presents a reinvigorated setting to experience elevated Carolina comfort cuisine with fresh design and indoor/outdoor lounge. For brides and meeting planners, Sanderling features more than 12,000 square feet of updated indoor and outdoor event space, offering a venue to suit every taste. Sanderling is the premier destination to experience southern hospitality and luxurious amenities in a relaxed, tranquil setting. For more information, please visit www.sanderling-resort.com or call (877) 650-4812.

MEDIA CONTACT:

Murphy O'Brien Public Relations
Melissa Ward | Elaine San Jose
310-586-7159 | 310.586.7141
mward@murphyobrien.com | esanjose@murphyobrien.com