

Farm Fresh Egg Dishes

OUTER BANKS BREAKFAST*	12
Two eggs any style, buttermilk biscuit, choice of bacon or sausage, white corn grits or home fries	
NORTHERN BANKS BREAKFAST*	14
Two eggs any style, two pancakes, choice of bacon or sausage	
DUCK SAUSAGE HASH* ☒	16
Two poached eggs, local duck sausage, sweet potato, dried blueberries, hollandaise	
SANDERLING BENEDICT*	15
Two poached eggs, english muffin, Carolina crab cake, grain mustard hollandaise, white corn grits or home fries	
CAROLINA BENEDICT*	15
Two poached eggs, biscuit, country ham, hollandaise, white corn grits or home fries	
HAM AND CHEESE OMELET* ☒	12
Onions, bell pepper, ham, smoked gouda cheese, white corn grits or home fries	
SURFER'S OMELET* ☒	12
Three eggs, tomato, shrimp, avocado, mushrooms, goat cheese, lime crème, pico de gallo, micro greens, white corn grits or home fries	
LIFESAVING STATION OMELET* ☒	12
Egg whites, spinach, tomato, mushrooms, choice of fruit or white corn grits	
ANSON MILLS STEEL CUT OATMEAL ☒	8
Brown sugar and granola	
DUCKTRAP SMOKED SALMON PLATTER*	14
Toasted bagel, red onions, tomato, capers, chopped boiled egg, cream cheese	
FRUIT AND GRANOLA ☒	10
Housemade granola, sliced fruit and berries, yogurt, honey. Choice of local bagel, toast, or biscuit	

From the Griddle

All dishes are served with warm Vermont maple syrup and a choice of link sausage or smoked bacon

VANILLA BEAN FRENCH TOAST	14
BUTTERMILK HOTCAKES	12
BLUEBERRY HOTCAKES	14
CHERRY CHEESE BLINTZ	12
PECAN WAFFLE WITH MAPLE BUTTER	13
CINNAMON SWIRL WAFFLE W/CREAM CHEESE ICING	12

Sides

CHICKEN APPLE SAUSAGE	5
COUNTRY HAM STEAK	8
SAUSAGE LINKS	4
SMOKED BACON	4
WHITE CORN GRITS WITH CHEESE	4
HOME FRIES W/CARAMELIZED ONION	3
LOCAL BAGEL	4
FRESHLY BAKED JUMBO BLUEBERRY MUFFIN	4
DAILY SMOOTHIE	6

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

☒ Indicates Gluten Free Menu Items. Other items can be easily modified to be Gluten Free.

DRINKS

COFFEE, HOT TEA	3	JUICE	3
ICED TEA	3	HOT CHOCOLATE, MILK, CHOCOLATE MILK	4
ESPRESSO	3	SAN PELLEGRINO SPARKLING 1.75L	5
CAPPUCCINO, LATTE	5	COCA COLA, DIET COKE, SPRITE, ROOT BEER, FANTA ORANGE, FRUIT PUNCH	3