

STARTERS

SANDERLING BLUE CRAB AND CORN CHOWDER* Smoked bacon, potatoes	6/9
STEAMED MUSSELS* Garlic, bacon, tomatoes, white wine, lemon zest, grilled baguette	12
FRIED CALAMARI & OYSTERS* Green onion, bacon dust, old bay aioli, sweet chili sauce	11
LOADED DUCK WAFFLE FRIES Truffle oil, duck fat powder, duck sausage crumble, spring onion, diced tomato, gorgonzola cream	15
HOT WINGS AND CRACKLINGS Bleu cheese dressing, House BBQ spice	12

SALADS

CAESAR SALAD Romaine, garlic croutons, fried capers, white anchovies	6/9
MIXED LOCAL GREENS ☒ Pickled red onion, sliced strawberries, candied pecan, goat cheese, frozen lemon & balsamic drizzle	7/12
GRILLED CHICKEN COBB Romaine and mixed greens, bacon, tomatoes, hardboiled egg, avocado, bleu cheese crumbles, red wine emulsion	15

	<u>ADD</u>		
Grilled Chicken 4	Shrimp* 6	Crab Cake 10	
	Tuna* 10		

SANDWICHES & BURGERS

All sandwiches and burgers are served with chips or fries.
Gluten free bread and rolls are available upon request.

COASTAL CRAB CAKE SANDWICH* Pan seared Carolina lump crab cake, pickled vegetables, lemon caper mayo	16
OPEN-FACED GULFSTREAM YELLOWFIN TUNA* Pickled cucumber, fried wontons, wasabi aioli, roasted tomato, focaccia	16
MISO SHRIMP BURGER* Peppered bacon, lemon aioli, tomato, shredded lettuce, hot sauce, braised red cabbage slaw	15
SANDERLING SANDWICH Roasted turkey breast, cheddar cheese, peppered bacon, lettuce, cranberry mayo, tomato, grilled wheat berry bread	12
CAROLINA GRILLED CHEESE House roasted pork belly, grilled apple, arugula, provolone, smoked gouda, hot sauce	13
GRILLED CHICKEN FOCACCIA Brie, walnuts, apples, grapes, arugula, local honey mayo	14
PORTABELLA CAPRESE PANINI Marinated portabella, mozzarella, basil, tomato, balsamic	12
#5 BURGER* Pimento cheese, peppered bacon, mayo, caramelized onion, grilled tomato	14

DRINKS

COFFEE, HOT TEA	3	JUICE	3
ICED TEA	3	HOT CHOCOLATE, MILK, CHOCOLATE MILK	4
ESPRESSO	3	SAN PELLEGRINO SPARKLING 1.75L	5
CAPPUCCINO, LATTE	5	COCA COLA, DIET COKE, SPRITE, ROOT BEER, FANTA ORANGE, FRUIT PUNCH	3

☒ Indicates Gluten Free Menu Items. Other items can be easily modified to be Gluten Free.

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

Our Lifesaving Station Restaurant is the location of the former Caffey's Inlet U.S. Lifesaving Station #5. It is one of the original seven stations built along North Carolina's treacherous coast when the Lifesaving Service was founded in 1874. The mission of the U.S. Lifesaving Service was the systematic saving of shipwreck victims, their cargos and the ship, in that order. In 1915, the Lifesaving Service joined the Cutter Revenue Service to form the modern U.S. Coast guard.

