

## Greens

### Classic Caesar 9

Crisp Romaine Lettuce, Croutons

### Mixed Baby Lettuce 8

Grapes, Sunflower Seeds and Herbed Vinaigrette

### Fruit Kabobs with Vanilla Yogurt 12

### Farro and Kale Salad 13

Cucumbers, Tomatoes, Pecans, Red Wine Vinaigrette

Add it on: Grilled Chicken 4 Shrimp 6

## Burgers & Such

**\*Gluten Free Bread and Rolls available upon request  
Sandwiches served with Chips**

### \* USDA "Prime" Beef Burger 13

Half Pound

American, Swiss, Cheddar or Blue Cheese  
Served with Lettuce and Tomato

### \*Jerk Chicken Skewers 12

Skewered with Heirloom Tomatoes, Bell Peppers and Onions

### \*Coastal Nachos 22

House Tortilla Chips topped with Shrimp, Lobster, Tuna, Scallops,  
Nacho Cheese, Lettuce, Jalapeno and Salsa

### Heirloom Tomato Capresse Panini 12

Locally Farmed Heirloom Tomatoes, Fresh Mozzarella, Sweet Basil,  
Arugula, Balsamic Reduction

### \*Grilled Chicken Salad Ciabatta 12

Grilled Chicken, Brie, Apples, Walnuts, Grapes

### Sanderling Hot Dog 10

1/4 Pound All Beef Hot Dog,  
and Dill Pickle

### \*Tuna Poke Bowl 14

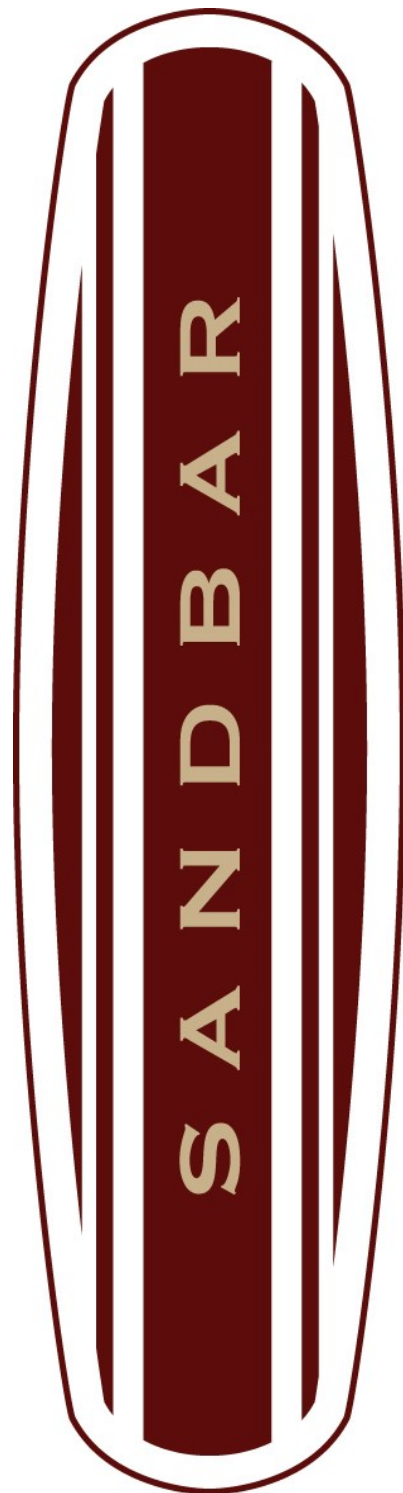
Ahi Tuna on a bed of Brown Rice, Field Greens, Shaved Carrots,  
Cucumbers, Scallions and Sesame Seeds

### Vegan Veggie "Burger" 12

Served with Lettuce and Tomato on Ciabatta Roll

### No Crab "Crab" Cake Sandwich 13

House Made Vegan Crab Cake, Lettuce, Tomato, House Sours,  
Micro Greens and Sriracha on a Ciabatta Roll



## Others

### \*1 # Hatteras Steamed Shrimp 24

Crab Dip & Pretzel 14

French Fries 4

Sander-Wings 10

### \*Blackened Fish Tacos 14

Local Mahi Mahi, Lettuce, Pico, Lime and Sour Cream

## Snacks

Fruit Cup 4

Chips and Salsa 9

Apple Slices with Peanut Butter 5

Hummus with Vegetables & Pita 11

## For the Kids

Each item includes a choice of Chips or Watermelon

PB&J 5

Cheeseburger or Hamburger 7

Chicken Fingers 7

Kids Dog 7

Grilled Chicken Quesadilla 9

Grilled Cheese 5

## Frozen Treats

Toll House Cookie Sandwich 6

Classic Drumsticks 6

Ice Cream Sandwich 6

\* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

## Specialties

### **Sun Stroke**

Jose Cuervo Gold Margarita  
On the Rocks  
12

### **Beachy Bloody Mary**

Tito's Vodka, House-Made  
Bloody Mary Mix, Veggies,  
Pinch of Spice  
12

### **Lime in the Coconut**

Stoli Vanilla, Malibu, Coconut,  
Pineapple, Lime  
12

### **Orange Crush**

Tito's Vodka, Cointreau,  
Fresh Squeezed OJ, Sprite  
12

### **Sunny 75**

Bombay Gin, Champagne Floater,  
Lemonade  
12

### **Goose Island Mudslide**

Stoli Vanilla, Baileys, Kahlua,  
Crème de Cocoa, Ice Cream,  
Chocolate Syrup  
12

### **Gone Bananas**

Kraken Rum, Malibu Banana, Fresh  
Banana, Ice Cream and Caramel  
12

### **Triple Berry Wine Slushy**

Raspberry, Blueberry, Strawberry  
and a Hint of Peach with Red Wine  
and Crushed Ice.  
12

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## Wine

LaMarca Prosecco	Split	13
Veuve du Vernay, France, Sparkling	Split	11
Lunardi, Italy, Pinot Grigio	9	35
Clifford Bay, New Zealand, Sauvignon Blanc	9	35
Bieler Pere Et Fils, France, Rose	9	35
Storypoint, California, Chardonnay	11	40
Storypoint, California, Pinot Noir	11	40
Storypoint, California, Cabernet Sauvignon	11	40
The Seeker, Argentina, Malbec	9	35
Sangria with Fresh Fruit	9	

## Frozen Delights

### **Sandbar Pina Colada**

Appleton Estate Rum, Coconut Milk & Ripe Pineapple Juice 12

### **Sanderling Daiquiri**

Bacardi Silver, Malibu Coconut, Strawberry & Lime 10

### **Grand Gold Margarita**

Jose Cuervo Gold, Grand Marnier, Fresh Lemon & Lime 10

### **Frozen Mojito**

Bacardi Silver, Mint & Tart Lime 10

### **Blackbeard's Rum Runner**

Kraken Spiced Rum, Banana, Berry & Citrus 12

### **Mango Madness**

Mt Gay Barbados Rum & Sun-Ripened Mango Puree 12

### **Adult Milkshakes**

Your choice of Bananas Foster, B-52 or Vanilla Bean Bourbon 14

## Cans 12 oz.

Bud Light 5  
Yuengling Lager 5  
Corona 6  
Heineken 6  
Mich Ultra 5  
St Pauli NA 5

## Taps 16 oz.

Sierra Nevada Summerfest  
Sierra Nevada Pale Ale  
Mother Earth IPA  
Lost Colony Kitty Hawk Blonde