

## Farm Fresh Egg Dishes

OUTER BANKS BREAKFAST*	15
Two Eggs Any Style, Buttermilk Biscuit, Choice of Bacon or Sausage, White Corn Grits or Home Fries	
SANDERLING BLUE CRAB BENEDICT*	19
Two Poached Eggs, English Muffin, Carolina Crab Cake, Grain Mustard Hollandaise, White Corn Grits or Home Fries	
HAM AND CHEESE OMELET* ☒	14
Ham, Smoked Gouda, White Corn Grits or Home Fries	
SURFER'S OMELET* ☒	16
Three Eggs, Tomato, Shrimp, Avocado, Mushrooms, Goat Cheese, Lime Crème, Pico De Gallo, Micro Greens, White Corn Grits or Home Fries	
LIFESAVING STATION OMELET* ☒	14
Egg Whites, Spinach, Tomato, Mushrooms, Choice of Fruit or White Corn Grits	

## Lifesavers

ANSON MILLS STEEL CUT OATMEAL ☒	9
Brown Sugar and Granola	
SMOKED SALMON PLATTER*	16
Toasted Bagel, Red Onions, Tomato, Capers, Chopped Boiled Egg, Cream Cheese	
FRUIT AND GRANOLA	12
House Made Granola, Sliced Fruit and Berries, Yogurt, Honey, Choice of Local Bagel, Toast, or Biscuit	

## From the Griddle

All dishes are served with warm Vermont maple syrup and a choice of link sausage or smoked bacon

VANILLA BEAN FRENCH TOAST	15
BUTTERMILK HOTCAKES	14
PECAN WAFFLE WITH MAPLE BUTTER	16

## Sides

CHICKEN APPLE SAUSAGE	6
COUNTRY HAM STEAK	8
SAUSAGE LINKS	5
SMOKED BACON	4
SUFFOLK SAUSAGE GRAVY AND BISCUITS	8
WHITE CORN GRITS	4
WHITE CORN GRITS WITH CHEESE	4.50
HOME FRIES W/CARAMELIZED ONION & PEPPERS	4
LOCAL BAGEL	6
FRESHLY BAKED JUMBO BLUEBERRY MUFFIN	5

☒ Indicates Gluten Free Menu Items. Other items can be easily modified to be Gluten Free.

## DRINKS

COFFEE, HOT TEA	3	JUICE	3
ICED TEA	3	HOT CHOCOLATE, MILK, CHOCOLATE MILK	4
		COCA COLA, DIET COKE, SPRITE, ROOT BEER,	3
		FANTA ORANGE, FRUIT PUNCH	