



SPA AT SANDERLING

Spa Menu

Mixed Local Greens

Baked Apples, Dried Cranberries and Blueberries, Goat Cheese Crumbles, Candied Bourbon Pecans with Spiced Maple Vinaigrette. 12

Caesar Salad

Shaved Parmesan, Garlic Crouton,
Fried Capers, White Anchovy

12

*add grilled chicken 4

add shrimp 6

Sanderling Sandwich

Roasted Turkey, Bacon, Cheddar Cheese, Lettuce, Tomato,
Cranberry Mayo

14

Honey Pecan Chicken Salad

Poached Chicken with Shaved Swiss Cheese, Grapes, Toasted
Pecans, Honey Dijon
Mayo on Chilled Greens, Fresh Fruit and Lavash

15

House Made Granola

Assorted Berries, Vanilla Yogurt

13

Cucumber Benedictine Finger Sandwiches

**Thin Sliced English Cucumbers, Housemade Benedictine
on Fresh Baked Breads**

12

Grilled Veggie Wrap

Grilled Local Veggies and Hummus,
Wrapped in a Whole Wheat Tortilla

11

Artisanal Cheese Selection

15

Daily Smoothie

8

Chocolate Covered Driscoll Strawberries

3/each

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness